

# Columbine Poudre Home Care



*Health Care in  
the Familiar  
Surroundings  
of Your Home*

**970-482-5096**

915 Centre Avenue, Suite 2  
Fort Collins, Colorado 80526  
Fax: 970-224-2518

**970-460-9200**

1455 Main Street, Suite 140  
Windsor, Colorado 80550  
Fax: 970-460-0436

*Locally Owned!*

**40 PLUS YEARS OF CARING FOR SENIORS!**

[www.columbinehealth.com](http://www.columbinehealth.com)

## WHO IS COLUMBINE POUFRE HOME CARE?

*Columbine Poudre Home Care is a certified Medicare/Medicaid agency that is locally owned and operated in Northern Colorado. Columbine Poudre Home Care is a division of the Columbine Health Systems which has been serving the Northern Colorado Community for over 40 years.*

*In 1983, Columbine Health Systems recognized that recently discharged patients were in need of medical home care assistance and launched the one of the first medical home care agencies in Larimer County - Columbine Home Care. In January, 2000, Poudre Care Connections, the home care agency operated by Poudre Valley Hospital, and Columbine Health Systems combined their resources to form one agency, Columbine Poudre Home Care.*

## COLUMBINE'S COMMITMENT TO YOU

Columbine Poudre Home Care is committed to providing the highest standard of medical care to you in the comfort and familiar surroundings of your home. An assessment is conducted by our clinical staff and, in collaboration with your physician, creates an individualized care plan, designed to your specific needs and wishes.

24/7 On-Call Service

Registered Nurse on call

24 hours a day 7 days a week

## REASONS TO USE HOME HEALTH CARE

- A Recent Hospitalization
- After Surgery Care
- IV Therapy
- Wound Care
- Home Safety Evaluations
- Newly Diagnosed Medical Condition
- Chronic Illness that has worsened or is unstable (For Example - Congestive Heart Failure, Diabetes, Respiratory Illness)

## PHYSICAL, OCCUPATIONAL, AND SPEECH THERAPY SERVICES AVAILABLE

- Balance, coordination, and gait training
- Teaching transfer techniques
- Exercise programs to increase muscle-tone and prevent atrophy
- Energy conservation techniques
- Home safety evaluations and modification recommendations
- Communication skill evaluation and training
- Swallowing evaluation and training
- Pain relief

## MEDICAL SOCIAL WORKER

Columbine Poudre Home Care recognizes not only the physical but psychological and emotional impact that may occur while suffering through an illness or trauma. Our Medical Social Workers work cooperatively with members of your individualized care team and physician to provide you with support and direction to resources within our Community.

- Assessment of Social/Emotional Factors
- Identifying Eligibility and Arrangement for Services/Benefits
- Assistance with Advanced Directives
- Social Services
- Discharge/Long Term Planning
- Respite Care Resources





## HOW TO INITIATE YOUR HOME HEALTH CARE PLAN

We invite you to contact our Intake Coordinators who will assist you with any questions or concerns that you may have. They will help you start the process of Home Health Care today.

### Call us at one of our 2 locations:

915 Centre Avenue Suite 2  
Fort Collins, CO 80526  
970-482-5096

1455 Main Street Suite 140  
Windsor, CO 80550  
(970) 460-9200

Columbine Poudre Home Care is honored to be recognized as one of the HomeCare Elite agencies in 2007, 2008, 2010, 2011, 2012, and 2013.

***University of Colorado Health** combines **Memorial Hospital, Poudre Valley Hospital, Medical Center of the Rockies, Colorado Health Medical Group, and University of Colorado Hospital** into an organization dedicated to health. Poudre Valley Hospital has a financial interest in Columbine Poudre Home Care*



## **SKILLED NURSING SERVICES INCLUDE THE FOLLOWING:**

- Post Surgical Care
- Diabetic Teaching and Management
- IV Therapy
- Wound Care/Dressing Care
- Patient and Family Education of Disease Processes
- Clinical Care Plan Assessments
- Medication Education and Management
- Ostomy Care
- Injections Catheter Care
- TPN – Total Parenteral Nutrition
- Pain Management

## **COLUMBINE POWDER HOME CARE THERAPIES**

Our Physical, Occupational, and Speech Therapists are dedicated to working with you to regain your independent lifestyle at home.

### **Physical Therapy**

- Balance and Coordination
- Bed Mobility Transfers
- Gait Training
- Strengthening / Range of Motion
- Home Safety Evaluation
- Pain Management
- Patient / Family Education
- Durable Medical Equipment Education

### **Occupational Therapy**

- Lifestyle Management – resuming daily routines
- Vision and Perception
- Orthotics/Splints/Adaptive Equipment
- Energy Conservation Techniques
- Patient/Family Education

### **Speech Language Pathology Therapy**

- Safe Swallowing Evaluation and Treatment for swallowing problems
- Language and Communication
- Voice Strengthening
- Cognition



## Columbine Management Office

802 West Drake Road, Suite 101

Fort Collins, Colorado 80526

970-482-0198 Fax: 970-482-9148

[www.columbinehealth.com](http://www.columbinehealth.com)

● INDEPENDENT LIVING | ● ASSISTED LIVING  
● REHABILITATION | ● HEALTH & REHAB | ● HEALTH SERVICES

### FORT COLLINS

- Bloom at Home ..... 970-482-5096
- Centre Avenue Health & Rehab Facility.....970-494-2140
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Medical Equipment .....970-221-1453
- Columbine Poudre Home Care ..... 970-482-5096
- Columbine West Health & Rehab Facility ....970-221-2273
- Front Range Therapy ..... 970-494-6449
- Geriatric Education Centre..... 970-494-6455
- Lemay Avenue Health & Rehab Facility.....970-482-1584
- Lifestyle Centre ..... 970-494-6446
- New Mercer Commons .....970-495-1000
- Poudre Infusion Therapy.....970-494-2130
- The Winslow ..... 970-492-6200
- The Worthington ..... 970-490-1000

### LOVELAND

- Bloom at Home ..... 970-482-5096
- Front Range Therapy ..... 970-494-6449
- Lakeview Commons.....970-278-4000
- North Shore Health & Rehab Facility .....970-667-6111
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Medical Equipment .....970-221-1453
- Columbine Poudre Home Care ..... 970-482-5096
- Poudre Infusion Therapy.....970-494-2130
- The Wexford .....970-667-1900

### WINDSOR

- Bloom at Home ..... 970-460-9200
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Commons ..... 970-449-5540
- Columbine Commons Health & Rehab Facility ..970-449-5541
- Columbine Medical Equipment .....970-460-9205
- Columbine Poudre Home Care ..... 970-460-9200
- Front Range Therapy ..... 970-494-6449
- Poudre Infusion Therapy..... 970-460-9208